

Throughout your life you may experience various transitions including school transitions, health care changes, and the transition from school to adulthood. Explore resources to help you and your family with these changes and be sure you have the information and supports to make these transitions successful.



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Center for Transition to Adult Health Care for Youth with Disabilities

The Center for Transition to Adult Health Care for Youth with Disabilities is a national health care transition resource center.

Source

[Center for Transition to Adult Health Care for Youth with Disabilities](#)

Videos

S.T.A.Y. Tuned: Supporting Transition-Age Youth Podcast

S.T.A.Y. Tuned: Supporting Transition-Age Youth Podcast is a podcast for young adults, made by young adults, with mental health conditions. It's designed with the purpose of sharing useful information our research team has gained through studies of transition-age youth/young adults navigating school or work.

Source

[UMass Chan Medical School: Transitions to Adulthood Center for Research \(Transi...](#)

Links

PEATC Transition to Adulthood Resources

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[PEATC Transition to Adulthood Resources](#)

Links

Online Courses - VCU Center on Transition Innovations

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[Online Courses - VCU Center on Transition Innovations](#)

Article

PEATC Special Education Resources

Explore PEATC's factsheets and resource documents on important topics related to special education and transition to adulthood.

Source

[Parent Educational Advocacy Training Center \(PEATC\)](#)

Links

CDC's Developmental Milestones from 2 Months to 5 Years

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[CDC's Developmental Milestones from 2 Months to 5 Years](#)

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Getting Started: Special Education Guide

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[Getting Started: Special Education Guide](#)

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Autism Webinars (Autism Society of North Carolina)

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[Autism Webinars \(Autism Society of North Carolina\)](#)

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Autism Toolkits (Autism Society of North Carolina)

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Hire Autism: The Sandy Lankler Jobs Portal

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